**Series: Timeout: Experiencing God in Life’s Disruptions**

**Speaker: Ronnie Norman**

**Today: A Fishy Timeout**

**QUOTE ABOUT WAITING – LINK BELOW**

<https://external-content.duckduckgo.com/iu/?u=https%3A%2F%2Fquotefancy.com%2Fmedia%2Fwallpaper%2F3840x2160%2F2278131-Henri-J-M-Nouwen-Quote-Waiting-time-is-not-wasting-time-Waiting.jpg&f=1&nofb=1>

***Jonah 1:1-3***

*The word of the Lord came to Jonah son of Amittai: 2“Go to the great city of Nineveh and preach against it, because its wickedness has come up before me.”*

*3But Jonah ran away from the Lord and headed for Tarshish. He went down to Joppa, where he found a ship bound for that port.*

***Jonah 1:3***

*After paying the fare, he went aboard and sailed for Tarshish to flee from the Lord.*

**JONAH MAP – LINK BELOW**

<https://external-content.duckduckgo.com/iu/?u=https%3A%2F%2Fwharrin.files.wordpress.com%2F2014%2F12%2Fjonah-runs-with-distances.jpg&f=1&nofb=1>

***Jonah: 1:4***

*Then the Lord sent a great wind on the sea, and such a violent storm arose that the ship threatened to break up.*

***Jonah 1:17***

*Now the Lord provided a huge fish to swallow Jonah, and Jonah was in the belly of the fish three days and three nights.*

***Matthew 12:40***

*For as Jonah was three days and three nights in the belly of a huge fish, so the Son of Man will be three days and three nights in the heart of the earth.*

***Jonah 2:1***

*From inside the fish Jonah prayed to the Lord his God.*

***Jonah 2:9-10***

*9But I, with shouts of grateful praise, will sacrifice to you.
What I have vowed I will make good. I will say, ‘Salvation comes from the Lord.’”*

*10And the Lord commanded the fish, and it vomited Jonah onto dry land.*

***Jonah 3: 1-3***

*Then the word of the Lord came to Jonah a second time: 2“Go to the great city of Nineveh and proclaim to it the message I give you.” 3Jonah obeyed the word of the Lord and went to Nineveh.*

***Jonah 4:1-2***

*1 This change of plans greatly upset Jonah, and he became very angry. 2 So he complained to the Lord about it: “Didn’t I say before I left home that you would do this, Lord? That is why I ran away to Tarshish! I knew that you are a merciful and compassionate God, slow to get angry and filled with unfailing love. You are eager to turn back from destroying people.*

***Jonah 4:11***

*11 But Nineveh has more than 120,000 people living in spiritual darkness, not to mention all the animals.* ***Shouldn’t I feel sorry for such a great city?”***

1. **When timeouts come, what will you learn?**

***Hebrews 12:7***

*Endure hardship as discipline; God is treating you as his children. For what children are not disciplined by their father?*

1. **When timeouts come, to whom will you turn?**

**Jonah Catacombs Image**

**https://i.pinimg.com/originals/de/b7/5a/deb75af12c36cbce18d30df8841f74a6.jpg**