**SIT. WALK. STAND**

**Today: You Can Be Filled with the Holy Spirit**

**Speaker: Ronnie Norman**

***Ephesians 5:18-21***

***18****Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit,****19****speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord,****20****always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.*

***21****Submit to one another out of reverence for Christ.*

**1. Notice a vivid contrast and comparison.**

*Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit,*

**2. What does it mean to be filled with the Spirit?**

A. Your initial conversion.

***Acts 9:17-18***

*Ananias went to the house and entered it. Placing his hands on Saul, he said, “Brother Saul, the Lord—Jesus, who appeared to you on the road as you were coming here—has sent me so that you may see again and be filled with the Holy Spirit.”****18****Immediately, something like scales fell from Saul’s eyes, and he could see again. He got up and was baptized,****19****and after taking some food, he regained his strength.*

B. Special occasions of empowerment.

***Acts 4:31***

*After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly.*

***Acts 7:55***

*But Stephen, full of the Holy Spirit, looked up to heaven and saw the glory of God, and Jesus standing at the right hand of God.****56****“Look,” he said, “I see heaven open and the Son of Man standing at the right hand of God.”*

C. The subtle and steady experience of a surrendered Christian life.

**3. What role do I play?**

A. Put yourself in position to be filled.

***Colossians 3:16***

*Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts.*

B. Do not construct barriers to being filled.

***Ephesians 4:30***

*And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption.*

***1 Thessalonians 5:19***

*Do not quench the Spirit.*

**4. Four Clear Holy Spirit Leadings**

*Instead, be filled with the Spirit,****19****speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord,****20****always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.*

A. Remind one another that the Lord reigns!

B. Praise God from your lips and hearts!

C. Give thanks in all circumstances.

D. Submit to one another out of respect for Christ.

***21****Submit to one another out of reverence for Christ.*