**Helping The Hurting** | Luke 10:25-37

Shane Gage | 1 July 2018 | First Colony + Foster Creek

**Lessons from a Good Samaritan . . .**

* He had **open eyes** and an **open** **heart**.
* He **sympathized** – and he displayed love in **action**.
* He met the hurt man where he was and he used **what he had**.

**Healthy Helping . . .**

* You are not the **hero** in their story.
* Not every need has **your** name on it.
* Know your **role**.

**Some Helpful Questions . . .**

* What’s the real challenge here for you?
* What one thing can you do now to improve the situation?

**When I Am Hurting . . .**

* Don’t **ignore** my pain
* Don’t **condemn** me
* Don’t **trivialize** or **spiritualize** my pain
* Don’t try to *“heal the wound* ***lightly****”*
* Don’t try to **fix** me; be **with** me in my struggle

*Therefor encourage one another and build each other up,*

*just as in fact you are doing.* – 1 Thess. 5:11

**SUMMARY / EMAIL INFO**

**Helping The Hurting**

Shane Gage

We know we are called to help those who are hurting, and we ***want*** to be helpful.  How can we help in the most effective and healthy ways?

Pastoral Care and Foster Creek Campus Minister Shane Gage will share with us this Sunday.