

## Remote Control: The choice is yours

Self-control is choosing to do what you should even when you don't want to.



### MEMORY VERSE

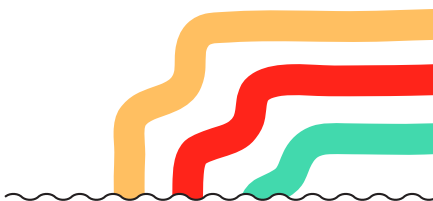
"God's power has given us everything we need to lead a godly life."  
2 Peter 1:3a, NIV

### Bible Story

#### Too Much of a Good Thing

Proverbs 25:16

How do you know when to stop?



Weekly Cues



# Preteen

ENGAGE IN EVERYDAY MOMENTS TOGETHER



## Morning Time

Start your kid's day off by thanking them for something they said or did lately that helped you or someone else.



## Meal Time

At a meal this week, ask each other: "What is a time when you knew you should stop doing something, but you went on ahead? What happened?"



## Drive Time

While on the go, ask your kid: "What is something good that happened this week? What is something not so good that happened this week?"



## Bed Time

Pray for each other: "God, help us to have good boundaries in our life. Grow in us self-control so that we are not controlled by the things around us."



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