**Series: Colossians**

**Title: Disqualified**

**Speaker: Ryan Bien, Connections Minister**

Photo of Ben Johnson (attached). - Photo of Carl Lewis (attached).

Video clip of 1988 Olympic 100-meter final (Richard has the link I sent him)

**Colossians 2: 16-23**

***16****Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day.****17****These are a shadow of the things that were to come; the reality, however, is found in Christ.* ***18****Do not let anyone who delights in false humility and the worship of angels disqualify you. Such a person also goes into great detail about what they have seen; they are puffed up with idle notions by their unspiritual mind.****19****They have lost connection with the head, from whom the whole body, supported and held together by its ligaments and sinews, grows as God causes it to grow.*

***20****Since you died with Christ to the elemental spiritual forces of this world, why, as though you still belonged to the world, do you submit to its rules:****21****“Do not handle! Do not taste! Do not touch!”?****22****These rules, which have to do with things that are all destined to perish with use, are based on merely human commands and teachings.****23****Such regulations indeed have an appearance of wisdom, with their self-imposed worship, their false humility and their harsh treatment of the body, but they lack any value in restraining sensual indulgence.*

“Don’t let anyone judge you by what you eat or drink, or with regard to a religious festival…”

**Colossians** 2:18

***18****Do not let anyone who delights in false humility and the worship of angels disqualify you. Such a person also goes into great detail about what they have seen; they are puffed up with idle notions by their unspiritual mind.*

False Humility

#humblebrag

* “My least enjoyable part of traveling the world? Budgeting 3 months in advance.”
* “I applied to 6 jobs and got all of them. This is STRESS.”
* “If I can still find time to make it to the gym, with three presentations, a final lab report, 10-page paper, two final exams, make a website, and a couple smaller assignments due this week, on top of finals week… then so can you.”

**Pride**

**Colossians 1:17**

**17**He is before all things, and in him all things hold together.

1. Watch out for the people trying to disqualify you
2. Watch out for your own critical voice in your head

**Colossians 2:17**

***17****These are a shadow of the things that were to come; the reality, however, is found in Christ.*

***Ephesians 1:7***

***7****In him we have redemption through his blood, the forgiveness of sins, in accordance with the riches of God’s grace.*