HAPPENING TODAY

CHILDREN'S PROGRAMMING
8:30am • 9:45am • 11:00am

BIBLE CLASSES
all ages at 9:45am
Young Adults • F100
Journeys • F102
Women's Group • F106
College-Aged Class • F107
International Group • F108
Family Class • F112
Chapel Class • The Chapel
Deaf Fellowship • Living Rm
Singles - The Studio
Deeper Discipleship • East Rm
Student Ministry • D-Wing
Children’s Ministry • Ed. Wing

ONLINE BIBLE CLASS
10:00am & 12:30pm
firstcolonychurch.org/online

GROUPLINK
Today • Learn More about
Connection Groups • Meet With
Leaders • After Both Services In
The Lobby

UPCOMING EVENTS

WED NIGHT PROGRAMMING
Student Ministry • 6:45pm
Adults & Children • 7:00pm

WOMEN’S BIBLE STUDY
Learn More and Register Online •
firstcolonychurch.org/wbs

PARENTING IN A POST-CHRISTIAN CULTURE
Wednesdays • 7-8pm • D242 •
Feb 2 - Mar 9 • Led By Shane
Gage & Grant Wright • Learn More
firstcolonychurch.org/parenting

GRIEF SUPPORT
Feb 6 • 9:45am • F111 • Learn More
firstcolonychurch.org/griefsupport

BRING A FRIEND DAY
Super Sunday • Feb 13 •
8:30am & 11:00am • Guest
Speaker, Astronaut, Barry Wilmore
firstcolonychurch.org/
supersunday

EVENTS & NEWS

NEW MEMBER INFO SESSION
Feb 20 • 9:45am • New Here Start
Here • Register Online
firstcolonychurch.org/nmis

RESOURCES

BIBLE READING PLANS
firstcolonychurch.org/bible

PRAYER AND FASTING GUIDE
firstcolonychurch.org/pray

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January 30, 2022
UPGRADES SERMON SERIES

From Grief To A Better Kind Of Grief

Ronnie Norman, Senior Minister

1. Grief is deep emotional sorrow and distress over __________ some cherished person, dream or thing.

2. You don’t bounce _________ from grief, but you can bounce _____________.
   
   A. _________ your loss – don’t minimize or rush
   
   B. Receive from _________
   
   C. Take your loss to _________
   
   D. See God’s _________ even in loss
   
   E. Trust that God is at work in you _________ _________
   
   F. Remember God’s promises of _________

Grief And Loss Resources: firstcolonychurch.org/upgrades