**Series: Trading Your *If Only* Regrets for God’s *What If* Possibilities**

**Today: What If?**

**Romans 8:31**

*If God is for us, who can be against us?*

**1. An Old Lie: Pain & Suffering Means God Is Distant.**

**Romans 8**

***18****I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.*

***22****We know that the whole creation has been groaning as in the pains of childbirth right up to the present time.* ***23****Not only so, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for our adoption to sonship, the redemption of our bodies.*

***24****For in this hope we were saved. But hope that is seen is no hope at all. Who hopes for what they already have?* ***25****But if we hope for what we do not yet have, we wait for it patiently.*

**2. We Are Weak But He Is Helpful.**

***26****In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans.* ***27****And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God’s people in accordance with the will of God.*

**3. In Spite of the Bad, God Is At Work for Good.**

***28****And we know that in all things God works for the good of those who love him, who have been called according to his purpose.*

**4. The Gospel Takes Us All The Way Home.**

***29****For those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters.* ***30****And those he predestined, he also called; those he called, he also justified; those he justified, he also glorified.*

***31****What, then, shall we say in response to these things? If God is for us, who can be against us?* ***32****He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things?*